

Patient Name:  
Job Title:

D.O.B:  
Rail safety worker category:  
Cat 1 ☐ Cat 2 ☐ Cat 3 ☐ non rail safety ☐

## Drug and Alcohol Questionnaire

### Quantifying the Problem

Substance(s):	Maximum quantity consumed & frequency:
Age first used:	Number of substance free days / week:
Past history of use:	Reason for use:
Previous periods of abstinence:	Amount of money spent per week:
Number of days used in the last month:	Route of administration:
Current frequency of use:	Last used:
Usual daily amount:	
Withdrawal effects:	
Previous rehabilitation or other support:	
Success of previous detox /rehab/other services - duration of abstinence:	
Usual place of use eg at home, when socialising:	
Any use at work:	

### Impact of the problem

Details of recent positive test: (date, location, result, history substance use leading up to the test)
Other positive tests (date, result, circumstances, any change in substance use following the positive test):
Related criminal convictions / DUI / (testing date, location, circumstances, results)
Effect on relationships, previous employment and health, including mental health

## State of Change

Describe motivation to stop using:

What do they think would be useful in helping change:

What barriers do they envisage:

## Other relevant history

Employment, medical, psychiatric, social history, live or socialise with other users:

## Results

Date	ABT	UDS	MCV	CDT	GGT	AST	ALT	ALP

## Examination:

HR:
BP:
Pupils:
Skin:
Signs of IVDU:
Palmar erythema:
Spider naevi:

CNS examination (gait / Rhombbergs / coordination):

Abdomen:

Other:

## Conclusion

Describe the level of risk of further substance use:

Return to work plan:

Fit for rail safety work: ☐ Yes ☐ No

Examining Doctor Name:

Signature:

Date:

Ensure the worker has signed the 'agreement to participate in D&A return to work program' and then send this questionnaire, the signed agreement and all subsequent results, as they become available, to the Chief Health Officer [chiefhealthofficer@transport.nsw.gov.au](mailto:chiefhealthofficer@transport.nsw.gov.au)