Lookout Working Worksite protection plan for XPT Maintenance Centre Routine Network Maintenance Activities



DOCUMENT NO.	D2023/10108				
WORK DESCRIPTION	Routine network maintenance activities –XPT Centre– Lookout Working (moving worksite)				
WPP Number	CS21B 11524				
SCOPE:	This SWI is applicable for the worksite protection arrangements using lookout working concerning routine network maintenance, defect management and repair of assets within the limits specified below and in the attached plan.				
	 Work activities include: Routine preventative and corrective work such as inspections and maintenance as appropriate for the type of protection being applied as part of this plan. 				
AUTHODISATIONS.	Protection Officer: Protection Officer Level 1 or higher				
AUTHORISATIONS:	Lookout: Engineering Hand signaller Level 1 or higher or Protection Officer Level 1 or higher.				
SAFETY CONTROLS –	The nominated worksite location for Lookout working includes All tracks within XPT Maintenance Centre between 742 Points and End of terminal line .				
Lookout Working	The nominated worksite location for Lookout Working is a moving worksite, where workers are working				
arrangements:	along the track within the limits of the nominated worksite location up to the where the Lookout is established.				
	As work moves along the track, the Protection Officer must assess the new location and:				
	Establish Lookouts as required to watch for approaching rail traffic from all entry points				
	 Designate and instruct which safe places the workers are to use as the work is completed along the work route within the worksite limits. 				
DDECTART	Protection Officer assessment checklist must be completed before instructions in this SWI are followed.				
PRESTART REQUIREMENTS:	Protection Officer requires a phone to contact the Signaller.				
	Lookouts require a high-visibility arm sleeve and a whistle / horn.				
FURTHER	NWT 300 Planning work in the Rail Corridor				
INFORMATION:	NWT 310 Lookout Working				
	NGE 200 Walking in the Danger Zone				
	NPR 711 Using Lookouts				
	NPR 751 Calculating Minimum Warning Time				
	NPR 712 Protecting work from rail traffic on adjacent lines				
	Lookout Working prohibited locations register				
	Lookout Working Prohibited Location Register XPT Yard Site Induction				
	NLA 400 Central to Sutherland				
	NLA 402 Sydenham				

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Protection Officer assessment checklist					
Protection Officer name:	Yes (Tick if Yes)				
This document is still current at the time of date)					
SWI details and protection arrangements location, including:					
 On-site safety assessment has be The required protection details, of SWI 					
The Protection Officer and Qualified Workers deploying qualifications are current and have practiced in the last 6 months. If not practiced, then a Rail Safety Coach must be contacted for guidance.					
Corridor Safety Number	Protection Officer Signature	Da	ite		

Warning



If an above item does not apply, the Protection Officer must not use this Safe Work Instruction. A new worksite protection plan must be completed in accordance with NRF 014 Worksite Protection Pre-work briefing and NRF 015 Worksite Protection Plan.

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Worksite Protection Pre-work Briefing

			Briefing date:	1 1
Protection Office	r details			
	name	signature	Э	contact No.
Work location:	All Tracks within XPT	Maintenance Centre		
Scope of work:	Routine network main	tenance activities		
Worksite protection	on: Lookout Working		Refer to Worksite	e Protection Plan for details

Hazards (e.g., Site specific hazards identified, including physical environment, human errors, plant and equipment)	Controls (to be implemented to eliminate or reduce the risk to the lowest practicable level)	Person responsible for Control
Approaching rail traffic	Lookout working implemented, using lookouts watching for approaching rail traffic. Lookouts must be trained and competent to perform lookout duties. Lookouts must be rotated if performing lookout for extended periods of time	Protection Officer &
Approaching fail traine	Workers to remain within worksite limits as set out in this procedure. Lookouts must be placed as per the protection plan attached to this document. Workers are to stop work and move to a safe place immediately on being warned by the lookouts	Lookout
Adjacent live lines	Lookouts must provide warning to workers when rail traffic is approaching from the adjacent line in either direction.	Protection Officer & Lookout
Two - way running / multiple entry points into worksite	Lookouts must be placed watching each direction before work starts. Lookouts are to warn workers of approaching rail traffic, including rail traffic entering, stabling or travelling within the worksite. Workers are to stop work and move to a safe place once warned.	Protection Officer & Lookout
Obstruction to Minimum Sighting Distance	Lookouts must provide warning to the workers whenever their line of sight is obstructed by passing rail traffic. Workers must stop work and move to a safe place and reassess positioning and method	Protection Officer & Lookout
Adjoining/Surrounding Worksites	Lookouts must have two independent audible warning devices that can be heard by workers over any noise generated by adjoining/surrounding worksites. Lookouts are to provide warning if their line of sight is obstructed by adjoining/surrounding worksites.	Protection Officer & Lookout
Access to / Egress from worksite	Access and egress points must be agreed prior to entering the danger zone, consideration should be given to ease of access and safest possible entry and exit points.	All
Slips, trips, falls and hazards carrying equipment	Protection Officer will assess and instruct when it is safe for workers to use NGE 200 Walking in the Danger Zone to move to the worksite or safe place.	
Mobile phone	Mobile phones use is not permitted in the danger zone unless being used by maintenance staff for critical maintenance communications or recording of defects.	All

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Workplace Su	pervisor Details			
		name		contact No.
Emergency as	ssembly point:	Car park of Maintenance Centre	SWMS/SWI Ref #:	
First aid kit location:	Shift Manager Vehicle	r Office / Sydney Trains	First aider:	
Workplace S	upervisor Ack	nowledgement		
The Workplace S	upervisor acknowledg	es that all identified WHS and rail safety and/or eliminate the hazards.	hazards have the Yes	signature
Participant A	Acknowledgem	ent		
NOTE: Recipier	nts of the briefing are t	o question the Briefer if they don't unders	stand any part of this briefing.	
All workers liste	d below acknowledge	that they:		
	n inducted to the site			ts of the Worksite Protection Plan
	om alcohol and drugs		7. have been shown the Worksite F	· ·
	om the effects of fatig		8. understand the kinds and limits of	' '
licence an	d/or induction record	Rail Safety Worker Authorisation, trade e.g. Construction Industry Induction onal Protective Equipment (PPE)		v hazards and controls identified during nspection must be conducted immediately
Mark each check l	box below with a tick 🗹 i	f the item applies or a cross 🗷 if the item does	not apply.	
☐ have been		rements of the electrical permit (if		azardous materials/substances on site
required)	hriefed on the SWMS	S/SWIs/documented safe work practice	have been briefed on Safety Dat	a Sheets (SDS)
for the job		5/3 WIS/documented sale work practice	have been briefed on the WHS N	lanagement plan
have beer SWMS/SV		rols recorded in this document and	have been briefed on the hazard	s of adjoining worksites/processes.
Name		Signature	Time of briefing: hh:mm	Amendment briefing: hh:mm and initial

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	Working Work Network Maint	-	-	(PT Mainte	nance Ce	entre	Sydney	ort y T rains
orksite Pro	otection Plan –	Lookout W	orking					
ignaller deta	ails							
		name		Sydenh	am Panel		02 8	3568 3430
ortdale Shif	t Manager detail	s						
		name	Х	PT Maintenand	ce Centre		02 9	563 7741
rotection Of	ficer details							
		name		S	signature			No.
	RSW or R	IW No.		des	signation	Planned du	ıration	
Workplace S	upervisor details:							
Type of work	::							
Worksite	Location							
On the			All Tracks within	n XPT Mainten	ance Centre	:		
All tracks within MMC includes	No.1 ServiNo.2 ServiDock Sidir	cing Road		.1 Refuelling Road .2 Refuelling Road		• Wash S	ihed	
between		742 Points		and		End of termina	al line	7
as the Look /arning me	cout Working Pro		/histle/Horn		e/Touch			
linimum Waı	rning Time Calcເ	ılations						
Maximum tracl	k speed	25 km/h						
Number of Loc	okouts used		1 Positio	on of Lookouts	5.6	630 km to	6.350 km	
	ditional Lookouts* us		_	on of Lookouts	-	km To	- <mark>km</mark>	
Note - Lookouts	are relocated to position	MS within these is	- MIS as workers move a	along the worksite	e. 			
2 sec	+ 3 sec	+ 10 sec	= Minimum Wa	15 s		25 km/h	105 metres	
2 sec	+ 3 sec	+ 10 sec	Time (MWT)	15 s	sec	15 km/h	63 metres	
See Time (S)	Move Time (M)	Safe Time	(S+M+10 sec = N)	,		k speed	Minimum Sighting Distance as calculated	
	nal MWT calculation				•			
Г	he safe places							
Lookouts:	Up and Down ces	s, Open 6 foot	s, behind fixed, st	ructures and d	lesignated v	valkways		
Workers:	Up and Down ces	s, Open 6 foots	s, behind fixed, st	ructures and c	designated v	valkways		

Yes Ensure the workers have been briefed about these work details

Diagrams, notes, and detailed instructions are over the next pages. These are to be read and followed as part of this worksite protection plan for Lookout Working.

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INSTRUCTIONS:

- 1. Worker's access XPT Maintenance Centre via Security Gate off Way Street.
- 2. Workers sign on with Security guard and then enter via security gate into XPT Carpark.
- 3. Protection Officer briefs workers about the worksite protection arrangements.
- 4. Protection Officer signs on with XPT shift Manager and speaks to shunters.
- Protection Officer contacts Sydenham Panel to inform the Signaller of the use of Lookout Working on All Tracks at the city entry end of XPT Maintenance Centre if intruding pass SM618 Signal.
- 6. Establish lookout at designated locations.
- 7. Workers start work up to designated locations.
- 8. Workers move to safe places.
- 9. Re-establish the Lookouts at the next designated locations.
- 10. Repeats steps 6-10 until the work is complete.
- 11. Workers move to a safe place.
- 12. Recall Lookouts.
- 13. Protection Officer to Sign off with XPT Shift Manager and Shunter.
- 14. Workers egress the worksite via **XPT access pad gate** and **security gate**.
- 15. Protection Officer and workers are to Sign Out at the XPT Yard Security Office.
- 16. Protection Officer contacts Sydenham Panel to end Lookout working, if signed on with signaller.

ADDITONAL DETAILS

Obstruction to Minimum Sighting Distance

Stabled rail traffic may obstruct the Lookouts minimum sighting distance requirements. When this hazard is identified, workers must stop work and move to a safe place until the Protection Officer makes an assessment and repositions Lookouts to achieve the required Minimum Sighting Distance.

Multiple entry points

Tracks are to be treated as bidirectional. Lookouts are placed to watch for rail traffic approaching from both directions. Rail traffic movements on other tracks may also obstruct minimum sighting distance requirements. When this is identified, workers must stop work and move to a safe place until the Protection Officer makes an assessment and repositions Lookouts to achieve the required Minimum Sighting Distance.

Signaller and Yard Master Limits

Protection Officers should be aware of the limits of the Signaller and Yard Master. Where or if there are STOP signs marks the limit of the where the Signaller's authority ends, and the Yard Master's authority begins. The Protection must speak to the appropriate person prior to commencing work in that area.

SM618 shunt signal gives the authority to the driver to proceed out of XPT yard and **SM613** Shunt signal gives the authority to proceed into XPT Centre.

IMAGES

Image 1: XPT yard Security Office



Image 2: XPT Main entrance into office



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IMAGES

Image 3: XPT Yard Shift Manager's Office



LOOKOUTS

Image 5: View towards City End of XPT Yard



Image 6: View towards Country End of XPT Yard termination Line



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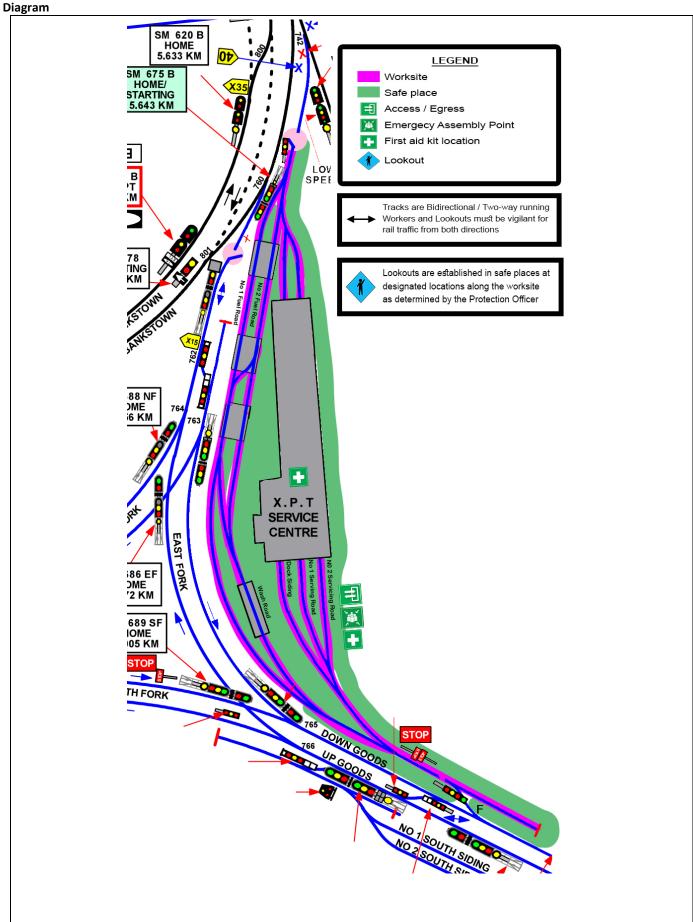
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Protection Officer's diary

	Jcc. 5 a.a.	• 7
Date	Time	Notes
	-	
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