

9

weekly notice

Monday, 3 March 2014
Sunday, 9 March 2014



Safeworking information, such as Weekly Notices and SAFE Notices, is available on the RailSafe website.

By accessing Weekly Notices and SAFE Notices online, you will receive safety information more quickly. Weekly Notices remain on the RailSafe website for two years; Permanent and Temporary SAFE Notices remain online as long as they are current.

Anyone needing back issues of Weekly Notices and SAFE Notices should contact the Network Rules unit.

If you are outside Sydney Trains, you can reach the RailSafe website via the following address:

www.railsafe.org.au

Other Safeworking documents, such as Network Rules, Network Procedures, Network Local Appendices, Safeworking Policies, SafeTracks flyers, and contractor information are also available online.

*GROUP MANAGER RULES AND COMPLIANCE
SYDNEY TRAINS*

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PUBLICATION DEADLINES AND SUBMISSION OF ARTICLES

Dates of the next four Weekly Notices and deadlines for articles are:

Weekly Notice	For Week	Deadline
10	10/3/14–16/3/14	25/2/14
11	17/3/14–23/3/14	4/3/14
12	24/3/14–30/3/14	11/3/14
13	31/3/14–6/4/14	18/3/14

So that printing and distributing schedules can be met, it is essential articles are received by the deadline.

Late articles will be published in the next issue of the Weekly Notice. This may result in information not being distributed in time for it to be acted upon.

When submitting articles, please include your name, position title, telephone numbers and email details at the end of the articles as shown below.

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PROPOSED SHELL COVE STATION – EXCAVATION ADJACENT TO CORRIDOR

Since **Monday, 18 November 2013**, and continuing until mid-April 2014 the following work will be carried out:

Excavation, formwork, concreting and reinforcement placement (including use of boom pump) will be happening behind an existing timber hoarding (190 meters in length 2.04m high) adjacent to the main and loop line between CK 108+890 to CK109+080.

This work will allow for the construction of new platform and station structures at the Proposed Shell Cove Station location.

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ASHFIELD (MAIN SUBURBAN) – POINTS RATIONALISATION STAGE 6B: TRACK CIRCUIT RECONFIGURATION

Since **Monday, 17 February 2014** the following track circuits were not combined as advertised in weekly notices 04 and 05 - 2014.

- 58BT & 58CT (Up Main)
- 37BT & 37CT (Down Main)

These track circuits will now be combined at a later date.

VER17022014

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THIRROUL (ILLAWARRA): REMOVAL OF SUPERVISORY FAILURE INDICATION

Commencing at 0200 hours on **Saturday, 15 March 2014**, and continuing until 0200 hours on Monday, 17th March 2014, the following work will be carried out.

- The Supervisory Failure indication light at Thirroul Local Control Panel will be removed.

VER05022014

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TEMPE TO HURSTVILLE – SPEED SIGN CHANGES

THIS SPEED SIGN INFORMATION TABLE CANCELS AND REPLACES THE SPEED SIGN INFORMATION TABLE ADVERTISED IN WEEKLY NOTICE 8

Commencing at 0700 hours **Saturday, 15 March 2014** until 1700 hours Sunday, 16 March 2014, between Meeks Road South Junction and King Georges Road Overbridge, the following work will be carried out:

- All existing 'pointy' speed signs except 'X' boards will be removed



- All existing partially obscured 'square' speed signs will have the tape removed



The following speed signs will be commissioned on the Illawarra Mains:

Kilometrage	DOWN			UP		
	General	Medium	High	General	Medium	High
6.451	Meeks Road South Jct			.		
6.453	60	65	65			
6.517	65	70	70
6.720	60	80	85	60	65	70
6.842	Tempe					
7.093	65	100	100			
7.279	Wollie Creek Junction					
7.310	Wollie Creek					
7.445	X40			755A Pts		
8.350	65	75	80			
8.420	Arncliffe					
8.610				60	70	70
8.687	65	100	100			
9.510	60	80	80			

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Kilometrage	DOWN			UP		
	General	Medium	High	General	Medium	High
9.604	Banksia					
9.763				60	90	95
10.200	60	60	65			
10.406	Rockdale					
10.633	70	100	100			
11.607	Kogarah					
11.746	70	80	85	60	100	100
12.741	Carlton					
13.534	70	75	80			
13.692	Allawah					
14.265	X50			980A Pts		
14.370				60	80	85
14.680	60	80	80	Down Sign on Up Main		
14.837	Hurstville					
15.060	985C Pts			X50		
15.178	60	75	80			

The following "Wrong Way" speed signs will be commissioned on the Illawarra Mains:

Kilometrage	DOWN			UP		
	General	Medium	High	General	Medium	High
14.837	Hurstville					
14.950				60	65	65
15.060	988A Pts			X50		
15.090				60	75	80
15.090	989A Pts			X35		
15.155	X50			988B Pts		

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The following speed signs will be commissioned on the Illawarra Locals:

Kilometrage	DOWN			UP		
	General	Medium	High	General	Medium	High
6.451	Meeks Road South Jct					
6.480	747B Pts			X15		
6.540	X15			749A Pts		
6.660	65	70	75	60	65	70
6.842	Tempe					
7.172	65	85	85			
7.218				60	75	80
7.270	X35			753 Pts		
7.279	Wolli Creek Junction					
7.645	756B Pts			X40		
8.140				60	80	80
8.420	Arncliffe					
8.501				60	60	60
9.604	Banksia					
9.740	65	80	80			
10.210				60	80	85
10.406	Rockdale					
10.501				60	80	80
10.583	70	80	85			
11.607	Kogarah					
12.741	Carlton					
13.692	Allawah					
14.260	X50			981A Pts		
14.323				60	80	85
14.370	55	55	65			

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Kilometrage	DOWN			UP		
	General	Medium	High	General	Medium	High
14.600	50	50	50	<i>Down Sign on Up Local</i>		
14.622				55	55	65
14.695	<i>982B Pts Up Sign on Down Local</i>			X25		
14.710				45	45	50
14.837	Hurstville					
14.890				50	50	50
14.950	X50			<i>988A Pts</i>		
15.554				50	50	55
15.565	X50			<i>991B Pts Down Sign on Up Local</i>		

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TRAIN EXAMINATIONS – EXTRA PRECAUTIONS DURING THE WOLO RISK PERIOD (OCTOBER TO MARCH)

ATTENTION: All train examiners

Rollingstock can contribute to track buckles.

Between October to March each year, higher temperatures increase the risk of track buckles on welded track due to expansion of the rails.

Rollingstock with poorly tracking or hunting bogies can apply additional lateral force to the rails that disturb the track structure under these conditions. This can contribute to track buckling under a train or after the passage of a train.

Train examinations: Passenger and freight trains

To reduce the track buckling forces from rollingstock, the following components should be inspected more closely during the WOLO risk period:

Constant contact side bearers (where fitted)

Check for wear of non-metallic components, and that the side bearers are seating correctly with no gap (see Figure 2). This applies mainly to freight, but also applies to passenger rollingstock such as NHA bogies under XPT and J type bogies under L, R, S, K and C sets.

Friction wedges

Check for excessive wedge rise, condemn notch thickness, and wear plate condition.

Wheel profiles

Check for excessive flange wear and arises.

Overloading or unbalanced loading

Check For spring deflection, obviously incorrect loading of wagon including over decks of multipack wagons.

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Evidence of hunting

Tell-tale signs of hunting are any of the following:

- fresh bolster gib wear (see Figure 1)
- wear between the side of the friction wedge and bolster pocket (see Figure 1)
- fresh wear between the axle box or the bearing adaptor and bogie side frame
- melting of plastic elements in the constant contact side bearers due to friction heating (see Figure 3).

Freight wagons with the following hunting defects should be marked off, or reduced to 50km/h maximum speed, when a WOLO has been declared.

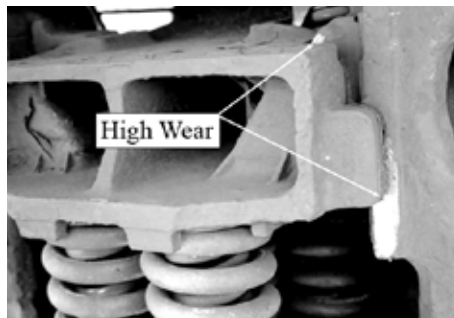


Figure 1: High gib/side frame wear and friction wedge lateral wear

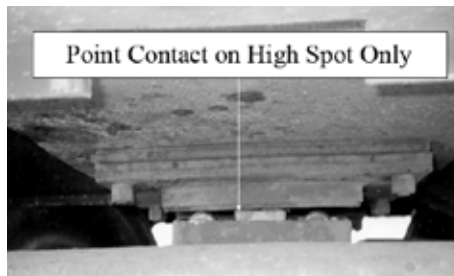


Figure 2: Constant contact side bearer with point contact

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Figure 3: Constant contact side bearers with melted plastic blocks

What to do if defects are detected or reported

Defects are usually identified via passenger complaints (for passenger trains), and drivers and wayside staff reports and observations, including roll-by inspections (for freight trains).

Any passenger vehicle, freight train or locomotive should undergo corrective action if suspected of hunting.

Freight vehicles showing any of the above defects should be marked off, or operate at reduced speed until corrective action is taken.

The reduced speed shall be the maximum permitted track speed not exceeding 50km/h when a WOLO has been declared.

The reduced speed when a WOLO has been declared is published in the Train Operating Conditions Manual General Instruction Pages, Section 3 Page 5.

Note: These items form part of the normal train examination procedures, but are especially important at this time of year when track buckles are a greater risk. Please refer to your examiners manuals for the inspection procedure and limits for these components and, if you have any questions, speak with your supervisor.

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TRACK DISTURBANCE BETWEEN OCTOBER AND MARCH

ATTENTION: All engineering and construction staff who work on or about the track

Disturbance of the track during the period October to March can cause track misalignments (track buckles).

Be aware of:

- Bumping of the track (e.g bumping the track with a front-end loader).
- Knocking down or removing ballast profile (e.g running along the ballast shoulder in a truck).
- Undermining the ballast profile by excavation (e.g excavating a trench beside or under the track).

Report all track disturbances

If the track is disturbed, report it immediately to local track staff.

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STATUS OF TOM NOTICES

Number	Title	Issued	Effective
001–2007	Introduction of TOM Notices	13/09/07	13/09/07
017–2007	Operating Instruction Manual for Hunter rail car	1/11/07	13/11/07
019–2007	MK16 Vigilance control on XPT power car	2/11/07	8/11/07
018–2007	Emergency equipment boxes RailCorp train fleet	1/11/07	19/11/07
004–2008	OMDT 450: Description and operation of XPT trains	1/5/08	11/5/08
008–2009	OMET 264: Minimum tractive effort requirements	1/10/09	11/10/09
010–2009	OMDT 461: XPT radio amalgamation unit (RAU)	26/11/09	6/12/09
011–2009	OMDT 462: XPT MetroNet radio	26/11/09	6/12/09
012–2009	OMDT 463: XPT CountryNet and local radios	26/11/09	6/12/09
013–2009	OMDT 464: MultiChannel radio	26/11/09	6/12/09
014–2009	OMDT 465: XPT train-to-base radio	26/11/09	6/12/09
001–2010	OMDT 458: Train preparation of XPT trains	18/2/10	28/2/10
010–2011	XPT 030: Minimum Operating Standards	28/7/11	7/8/11
015–2011	OMET 316: Defective Air Springs	24/11/11	4/12/11
001–2012	OMET 266: Operation of Y-Set Trains	2/2/12	12/2/12
004–2012	TWP 176: Wayside Train Condition Monitor Alarms	27/9/12	7/10/12
007–2012	TWP 203: Changing ends	25/10/12	4/11/12
008–2012	TWP 217: Train Operating System (TOS) Display Unit Failure	25/10/12	4/11/12
009–2012	TWP 233: Control Circuit Failures	25/10/12	4/11/12
010–2012	48 Class: Train Operations Manual (TOM)	25/10/12	4/11/12
011–2012	TWP 178: CountryNet and Local Radios	29/11/12	9/12/12
001–2013	Operation of H-Set (Oscar) Trains Fitted with Automatic Train Protection (ATP) Equipment	17/1/13	27/1/13

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Number	Title	Issued	Effective
003–2013	48 Class: Wheels	7/2/13	10/2/13
004–2013	TWP 188: Jumper Couplings	14/3/13	24/3/13
007–2013	TWP 184: Refuelling XPT, Explorer and Endeavour Trains	18/4/13	28/4/13
013–2013	OMDT 454: Disabled Train	23/5/13	2/6/13
010–2013	OMET 350: Operation And Management of Electric Trains-Standards	30/5/13	9/6/13
015–2013	OMET 200: Minimum Standards for Electric Trains	30/5/13	9/6/13
016–2013	TWP 100: Responsibilities Of Train Crews	30/5/13	9/6/13
017–2013	WAR 030: Minimum Standards	30/5/13	9/6/13
018–2013	WAR 202: Bogie Faults	31/10/13	10/11/13
019–2013	WAR 001: Stabling	31/10/13	10/11/13
020–2013	TWP 152: Disabled Trains	21/11/13	1/12/13
021–2013	TWP 138: Assisting Trains Using Emergency Couplers	21/11/13	1/12/13
001–2014	Ammendment to OMET 200, OMET 350, WAR 030 XPT 030, OMDT 400 & OMDT 500 (Visibility Lights)	20/2/14	2/3/14
002–2014	OMET 220: Wheelslip light indications	20/2/14	2/3/14

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STATUS OF PERMANENT SAFE NOTICES

Number	Title	Issued	Effective
079–2013	Southern Sydney Freight Line (SSFL) – Shared Corridor Protocols	19/9/13	29/9/13
085–2013	NLA 116: Flemington	19/9/13	29/9/13
080–2013	Procedures for Trains Entering - Departing Macdonaldtown stabling yard	3/10/13	13/10/13
081–2013	NLA Explanatory notes	3/10/13	14/10/13
082–2013	NLA Introduction	3/10/13	14/10/13
083–2013	NLA 420 Bomaderry (Nowra)	3/10/13	14/10/13
084–2013	NLA 114: Strathfield	3/10/13	14/10/13
095–2013	NLA 108: Central - Sydenham (via Green Square)	10/10/13	20/10/13
098–2013	NLA 510: Sydenham – Glenfield	17/10/13	27/10/13
096–2013	Trial of Signal Key Switches	24/10/13	3/11/13
102–2013	NLA 508: Sydenham - Sefton Park Junction	31/10/13	10/11/13
099–2013	NLA 418: Wollongong - Bomaderry (Nowra)	31/10/13	16/11/13
105–2013	Worksite Protection Plan – Tablet Version Trial	7/11/13	17/11/13
107–2013	NLA 302: Hornsby	14/11/13	24/11/13
104–2013	Network Rules – Network Procedures	21/11/13	1/12/13
120–2013	NLA 618: Chullora	21/11/13	2/12/13
121–2013	NLA 616: Enfield	21/11/13	2/12/13
114–2013	NLA 320: Broadmeadow – Newcastle	28/11/13	12/12/13
108–2013	NLA 306: North Sydney	5/12/13	15/12/13
122–2013	NLA 208: Blacktown	5/12/13	15/12/13
123–2013	NLA 402: Sydenham	5/12/13	15/12/13
125–2013	NLA 500: Lidcombe - Campbelltown	5/12/13	15/12/13
126–2013	Metropolitan Freight Network (MFN) – ARTC Assume Signalling Control Function of Enfield	5/12/13	16/12/13
109–2013	NLA 416: Wollongong	12/12/13	22/12/13
110–2013	OSP 3: Protection Arrangements for Repairing Trains in Service	12/12/13	22/12/13
111–2013	OSP 23: Responding to Wayside Train Condition Monitoring Alarms	12/12/13	22/12/13
112–2013	Trial of New Speed Signs in the Sydney Trains Network	12/12/13	22/12/13

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Number	Title	Issued	Effective
115–2013	NLA 608: Port Kembla	12/12/13	22/12/13
116–2013	NLA 502: Sefton Park Junction	12/12/13	22/12/13
117–2013	NLA 212: Penrith – Wallerawang	12/12/13	22/12/13
118–2013	NLA 504: Campbelltown	12/12/13	22/12/13
119–2013	NLA 200: Lidcombe – Penrith	12/12/13	22/12/13
007–2014	Exception to TWP 108: Route Knowledge	19/12/13	3/1/14
001–2014	Network Rules – Network Forms – Network Procedures	9/1/14	19/1/14
002–2014	NLA 202: Clyde Down Sidings	9/1/14	19/1/14
003–2014	NLA 206: Clyde and Granville	9/1/14	19/1/14
004–2014	NLA 312: Gosford	9/1/14	19/1/14
005–2014	Worksite Handsignaller Ahead Signs NSG 604	9/1/14	19/1/14
006–2014	NLA 318: Broadmeadow – Woodville Junction	9/1/14	19/1/14
008–2014	NTR 406: Using Train Lights	23/1/14	2/2/14
009–2014	NSG 608: Passing Signals at Stop	23/1/14	2/2/14
016–2014	NLA 102: Sydney Terminal	30/1/14	9/2/14
011–2014	NLA 104: City Circle	6/2/14	16/2/14
012–2014	NLA 100: Central	6/2/14	16/2/14
013–2014	NLA 110: Central - Lidcombe	6/2/14	16/2/14
017–2014	NLA 314: Gosford - Broadmeadow	6/2/14	16/2/14
018–2014	NLA 400: Central - Sutherland	6/2/14	16/2/14
015–2014	NLA 316: Sulphide Junction	6/2/14	16/2/14
019–2014	NLA 300: Strathfield – Hornsby	13/2/14	23/2/14
020–2014	NLA 304: Central – Hornsby	13/2/14	23/2/14
021–2014	NLA 310: Hornsby – Gosford	13/2/14	23/2/14
014–2014	NLA 214: Lithgow	20/2/14	2/3/14
022–2014	Speno Ultrasonic Testing	20/2/14	2/3/14
023–2014	NLA 410: Sutherland - Wollongong	20/2/14	2/3/14
027–2014	NLA 508: Sydenham - Sefton Park Junction	20/2/14	2/3/14

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STATUS OF NETWORK MANUALS AND FORMS

Network Manuals

Title	Status Sheet	Date issued
Network Rules		
General	9	July 2012
Work on Track	12	July 2012
Train Working	8	July 2012
Systems of Safeworking and Special Working	5	July 2012
Signals and Signs	9	July 2012
Glossary	8	July 2012

Network Procedures

Procedures	12	July 2012
Forms	8	July 2012

Note, when filing your Network Rules and Procedures they should be comprised of the following amendment packs:

- August 2005 (Total reprint)
- May 2007
- November 2008
- June 2010
- December 2010
- July 2012 (Latest amendment packs. Note, 2 packs were issued)

Network Local Appendices

Network Local Appendices	9	Dec 2012
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Title	Version	Date issued
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Operator Specific Procedures

OSP 3	8	May 2012
OSP 4	4	Sept 2009
OSP 5	5	Sept 2009

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Title	Version	Date issued
OSP 6	4	Sept 2009
OSP 7	6	May 2012
OSP 8	3	Sept 2009
OSP 9	5	May 2012
OSP 10	3	Sept 2009
OSP 11	6	May 2012
OSP 12	6	Sept 2009
OSP 13	3	Sept 2009
OSP 14	6	May 2012
OSP 15	5	Sept 2009
OSP 16	6	May 2012
OSP 17	3	Sept 2009
OSP 18	5	Sept 2009
OSP 19	3	Sept 2009
OSP 20	4	May 2012
OSP 21	5	May 2012
OSP 22	2	Sept 2009

Train Working Procedures

TWP 100 (New)	3	May 2012
TWP 102 (New)	3	May 2012
TWP 106	3	May 2012
TWP 108 (New)	4	May 2012
TWP 110	3	May 2012
TWP 112	3	May 2012
TWP 114	3	May 2012
TWP 116	3	May 2012
TWP 118 (New)	3	May 2012
TWP 120	3	May 2012
TWP 122	3	May 2012
TWP 124	3	May 2012
TWP 126	3	May 2012
TWP 128 (New)	3	May 2012
TWP 130	3	May 2012
TWP 132	3	May 2012
TWP 134	3	May 2012
TWP 136 (New)	3	May 2012
TWP 138	3	May 2012

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Title	Version	Date issued
TWP 142	3	May 2012
TWP 144	5	May 2012
TWP 146	3	May 2012
TWP 148	3	May 2012
TWP 150	3	May 2012
TWP 152	4	May 2012
TWP 154	3	May 2012
TWP 156 (New)	5	May 2012
TWP 158	3	May 2012
TWP 160 (New)	3	May 2012
TWP 162	3	May 2012
TWP 164 (New)	4	May 2012
TWP 166	3	May 2012
TWP 168 (New)	3	May 2012
TWP 170	3	May 2012
TWP 172	4	May 2012
TWP 174 (New)	1	May 2012

Network Forms

Title	Form version	Date issued
NRF 000 General Information	N/A	Dec 2010
NRF 002 Track Occupancy Authority	5	Aug 2005
NRF 003 Infrastructure Booking Authority	3	Aug 2005
NRF 004 Condition Affecting the Network	2	May 2007
NRF 005 Special Proceed Authority	3	July 2012
NRF 007 Pilot Staff Ticket	2	Aug 2005
NRF 008 Pilot Staff Notice	2	Aug 2005
NRF 010 Pilot Staff Working Introduction	2	Aug 2005
NRF 011 Worksite Warning	2	Aug 2005
NRF 012 Checklist for an Unsignalled Movement within Consolidated Yard Limits	2	Aug 2005
NRF 013 Temporary Rail Bond Approval	2	Aug 2005
NRF 014 Pre-work Briefing	2	July 2012
NRF 015A Worksite Protection Plan	2	July 2012
NRF 015B Worksite Protection Plan for Lookout Working	2	July 2012
NRF 016 Protection Officer's Log Book	1	Dec 2010
NRF 017 Protection Officer's Diary	1	Dec 2010

REQUESTS FOR NETWORK MANUALS AND FORMS

Please regularly check that your Network Manuals and Forms are up to date and include the current status sheet numbers for each section, as listed in this Weekly Notice.

If your manuals do not have the correct status sheets, they have not been properly amended and the Safeworking information will not be up to date.

All Sydney Trains staff issued with Network Manuals and who require regular updates and amendments need to contact their relevant distribution officer, as listed in this Weekly Notice, to have their name and contact details included in the distribution list. This will ensure that you receive all updated Network Manuals and Forms.

All requests to receive Safeworking documentation must be forwarded through your controlling officer to the appropriate distribution officer.

Those outside Sydney Trains can access Safeworking information by visiting the RailSafe website at www.railsafe.org.au.

External users who wish to purchase hard copies of the Network Rules and Network Procedures can download an order form from the RailSafe website under Contractors on the top menu bar.

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